TEACHING OUTDOOR AND ADVENTUROUS ACTIVITIES

KEY FOCUS
Practical ways to deliver Outdoor and Adventurous Activities during curriculum time and out of school hours. Particular focus will be made on developing pupils’ personal, social, cognitive and physical skills through outdoor learning.

TARGET AUDIENCE
KS1 and KS2 Teachers and Teaching Assistants

COURSE DESCRIPTION
This course aims to:
- Give delegates simple, practical ideas for delivering Outdoor and Adventurous Activities in their schools
- Provide delegates with resources to use in schools
- Show how outdoor learning can develop a child’s personal, social, cognitive and physical skills
- Consider how outdoor learning can be developed as an extra-curricular club and as a focus for school trips

Curriculum overview
- Teambuilding (trust, cooperation, teamwork)
- Basic navigation (orienteering and journeying)
- Exploring the outdoors

COURSE OUTCOMES
As a result of attending this course delegates will:
- Feel more confident in teaching Outdoor and Adventurous Activities
- Know how to plan the next steps in designing an Outdoor and Adventurous Activities curriculum in their school
- Act as a point of contact in their school for Outdoor and Adventurous Activities

PROGRAMME DURATION / COST
Half day / £50 plus VAT

Developing pupils personal, social, cognitive and physical skills through outdoor learning.

The Best PE and Sport Solutions for All Young People